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{ יגעתי }

Yogaati



יִגְעֵתִי וְלֹא מְצָאתִי  
- אֶל תֹּאמִין,  
לֹא יִגְעֵתִי וּמְצָאתִי  
- אֶל תֹּאמִין,  
יִגְעֵתִי וּמְצָאתִי - תֹּאמִין

If someone says, “I have worked hard, and I have not been successful,” don’t believe him. If someone says, “I have not worked hard and I have been successful,” don’t believe him. If someone says, “I have worked hard and I have been successful,” believe him!

(TALMUD, MEGILLAH 6B)

The more we learn Torah, the more there is for us to learn! And the more we learn, the more we realize we need to do.

Sometimes it can feel overwhelming. Can we really do all of this? Can we really get it all right?

The Torah says that we can and should keep trying, because that's how we will really have *hatzlacha*.

## Don't Give Up

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*The Rebbe gave us 12 pesukim to know by heart and understand well. They have important lessons for us to keep in mind, and can give us chayus in doing what we should. When we are worried or feeling frustrated or upset, the Yud-Beis Pesukim can help us too!*

*For example, the posuk Yogaati can be very helpful for us when we are feeling frustrated or hopeless.*

Lots of times we try to stop doing an *aveira* — and it doesn't work! We mess up again and again. Maybe we should just give up, since we can tell that we're going to keep doing the wrong thing.

Or there is something we know we are supposed to be doing, but we just can't seem to make it happen!

When we start thinking that way, we need to remember the *posuk* Yogaati!

This *posuk* is from *Torah Shebaal Peh*, from the *Gemara*:

***Yogaati Velo Motzosi, Al Taamin*** — If someone says, I tried hard and it didn't work, don't believe them!

***Lo Yogaati Umotzosi, Al Taamin*** — If someone says, I didn't try hard at all, and I was able to do it right away, don't believe them either.

***Yogaati Umotzosi, Taamin*** — If someone says, I tried hard and it worked,

then believe them!

Let's say that I have a hard time remembering to bring *Negel Vasser*. I make a *hachlata* to bring it right after supper, but I STILL keep forgetting! I might want to give up and just stop trying — maybe this is just not for me. But the Torah tells us that if we keep trying hard, then it WILL work!

Or imagine that I am trying not to bite my nails on Shabbos. But every Shabbos, I forget the *halacha* again! I might feel like it's just too hard to keep this *mitzvah*. But this *posuk* reminds us that we CAN do it! Just keep trying, and we will see that we will have *hatzlacha* in the end.

Even adults sometimes feel this way! Let's say I started to learn more *Chassidus* in honor of *Yud-Tes Kislev*, but I don't feel different! I don't feel like a better *chossid*! Should I just stop? The *posuk Yogaati* reminds us to keep trying, because in the end we will see that when we work hard, we WILL have *hatzlacha* — *Yogaati Umotzosi*!

## You Can Do It!

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The *posuk Yogaati* tells us that we need to try hard, and then we can be sure that we will have *hatzlacha*!

***Yogaati Velo Motzosi, Al Taamin*** — If someone says, I tried hard and I didn't find what I was looking for, and I didn't have *hatzlacha*, don't believe them!

***Lo Yogaati Umotzosi, Al Taamin*** — If someone says, I didn't try hard at all, and I was able to do it right away, don't believe them either.

***Yogaati Umotzosi, Taamin*** — If someone says, I tried hard and it worked, then believe them!

The *Mishna* says that with things in Torah and *Yiddishkeit*, if someone says that they tried hard and they didn't have *hatzlacha*, we shouldn't believe

them!

In a *sicha* to the girls of Camp *Emunah*, the Rebbe says that another meaning of the word **Taamin** is that the Torah believes in you! The Torah is sure that YOU CAN DO IT! Every Yid is built to have *hatzlacha*, and if we try, we WILL be able to have that *hatzlacha*!

*See Der Rebbe Redt Tzu Kinder p. 297, sicha Vov Elul Tof-Shin-Lamed-Tes*

## Finding a Treasure

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One of the messages of the *posuk* *Yogaaati* is that especially when we are learning Torah or growing in *Yiddishkeit*, we need to work hard — *Yogaati*!

But the *posuk* also tells us that the *hatzlacha* we will have is much more than the effort we put in!

The *posuk* says, “**Yogaati Umotzosi**,” I worked hard and I found.

The *Gemara* could have said, “I tried and I succeeded,” “I tried and I did it.” But instead it uses the word “*Motzosi*,” I found.

When we find something, it isn’t based just on how much work we put in. A person can dig a little hole in the ground and even find a diamond that is worth a huge amount of money!

Here the *Gemara* is telling us that when we work hard, with *yegiyah* (*Yogaati*), then we will have *hatzlacha* from Hashem in a much greater way than what we expect to come from it (*Umotzosi*)!

*The girls of the Chabad school in Kiryat Gat wrote a letter to the Rebbe when they were starting 8th grade. They asked for a bracha for hatzlacha in their learning. The Rebbe answered them with this posuk of Yogaati, and said that even though bracha comes from Hashem, we need to work hard, we need to put in effort! But when we do this, the hatzlacha will be way more than the effort*

*we put in! Hashem promises that when we do our part, Hashem will give us much more than we expected.*

*See Igros Kodesh chelek Chof-Gimmel, p. 448*

## Keep Trying

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Sometimes we are having a hard time with our learning, with our *davening*, or with our *shlichus*. We write to the Rebbe and ask for a *bracha*. We are expecting that right away, like a *neis*, we will have a *chayus* in learning, we'll enjoy our *davening*, and see *hatzlacha* in our *shlichus*!

There were many people who wrote letters to the Rebbe asking for these kinds of things. The Rebbe would often answer, “**Lo Yogaata Umatzasa, Al Taamin!**” If someone tells you that he had *hatzlacha* without putting in effort, then you shouldn't believe him! These kinds of things don't come without us working for them, and they don't happen right away.

But we are promised that if we do put in the effort, if we do try hard, and we don't give up just because we didn't see it work right away, then we will definitely have *hatzlacha*, and *hatzlacha* in a way of *Motzosi*, way MORE than the effort we put in!

## It Takes Work

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In *Parshas Vayeishev*, we learn about Yosef's dreams, and then the next week, in *Parshas Mikeitz*, we learn about Paraoh's dreams.

Yosef's first dream starts off with him and his brothers busy gathering wheat. Then their wheat bundles bow to Yosef's wheat bundle!

In Paraoh's dreams, though, he isn't doing anything. He isn't gathering

anything, building anything, or even going somewhere. He just watches what happens.

This is a main difference between *kedusha* and *kelipah*! *Kedusha*, like Yosef's dream, has to start out with DOING, *Avodah*!

Hashem set up the world so that for something to happen in *kedusha*, we need to DO something for it!

The Rebbe tells us that this is one of the lessons of *Yogaati*! If we want something good to happen in our *Avodas Hashem*, we need to DO something, *Yogaati*!

Things from *kedusha* don't happen by themselves, or right away. They come from our *Yogaati*, our work, our effort.

Then, of course, Hashem will make something much greater come from it, *Motzosi*! We will find tremendous *hatzlacha*, way more than we would think should come from how hard we worked.

*See Likutei Sichos chelek Gimmel, sicha Vayeishev*

## Doing Our Best

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A *bochur* once wrote the Rebbe a letter for his birthday, asking for a *bracha*.

The Rebbe first gave him a *bracha* for his birthday that he should grow as a *Yerei Shomayim*, a *chossid*, and a *lamdan*, and that he should bring much *nachas* to his teachers and his parents!.

Then the Rebbe added that the *bochur* should remember the words of the *Chachomim*, “*Yogaati Umotzosi Taamin*.” To become a *chossid*, *yerei Shomayim*, and *lamdan*, he will need to put in *yegiyah* — to work hard!

Of course that doesn't mean to skip eating and sleeping, it is important for him to take care of his health!

But he does need to work on himself, to learn properly and with his full *kochos*, and that he should work on himself to act the way the Torah teaches. Then he can be sure that Hashem will help him — *Umotzosi*!

*See Igros Kodesh, letter #1816*