

בס"ד

יִשְׁמַח יִשְׂרָאֵל בְּעוֹשָׁיו פִּירוּשׁ נֶפֶךְ
מִי נֶהוּא מְזַרֵּעַ יִשְׂרָאֵל יֵשׁ לוֹ
לְשִׁמּוֹחַ בְּשִׁמְחַת ה' אֲשֶׁר שָׁשׂ וְשִׁמְחַ
בְּדִירָתוֹ בְּתַחְתּוֹנִים

Teacher's Guide



Compiled by Mushka Lishner
Some aspects adapted from
Rabbi Pewzner's Key Points from
twelvepesukim.org

בס"ד

Yismach

Topic to discuss & Question of the week

What are 3 levels of happiness for a Yid?

1. *Hashem made me*
2. *The Zchus of being Hashem's soldier*
3. *Rejoicing in Hashem's joy of His Dirah*
B'tachtonim

GOAL:

The child should serve Hashem with true Simcha- not only because of their personal Zchus in bringing Geulah, but because they tap into Hashem's joy of His Dirah
Btachtonim!

twelvepesukim.org

This website is being updated constantly, and includes incredible resources and classes/ teacher's guides from the Rebbe's Sichos. There are also links to MyMaor videos that you can show in your class. Let me know if you want additional ideas or resources for your class!

בס"ד Yismach

Challenge students to think of a time they were happy. They can jot down why they were happy, and how long the joy lasted. Usually if it's something physical, like ice cream or a gift, the joy goes away quickly. Real joy comes from thinking about Hashem, learning Torah and doing mitzvos!

Being a Yid is the happiest thing that could happen to a person!

There are 3 "levels" of Simcha

1. **Hashem made me!** This is the simplest level of Simcha, but an important one. Hashem made me, created me-- this alone is a reason for me to be happy
2. **Hashem chose me as His soldier!** Hashem handpicked me to be in His special army- He gave me a big Shlichus- the Zchus of showing that this world is His home!
3. **Hashem is happy, so I am happy!** I am connected to Hashem, and this Dirah makes Him so happy- so I am happy because He is happy! This is the greatest type of Simcha- His simcha becomes my Simcha, and Hashem's joy and my joy become one!

When we do a Mitzvah with joy, the Yetzer Hara has no chance. One of the Yetzer's biggest tricks is trying to get us sluggish and sad "but it's so annoying" "why do I have to?" When I keep these Simcha'dike thoughts in my head- it makes my Avodah so much more enjoyable and successful!

Every Yid מזרע ישראל has this mission of rejoicing with Hashem, of being in an upbeat mood, knowing that Hashem Himself is rejoicing with them!

Takeaway:

A Yid should always be happy!

The greatest joy is knowing Hashem is happy with His Dirah here!

Mission:

I did a Mitzvah with Simcha!

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Pessukim Lingo

Now we GET to Daven, learn, do _____	You made Hashem so happy- can you feel His joy?
This class is making Morah so happy, but more than that, we're making Hashem so happy!!	Being a Yid is so exciting! It's Geshmak to be Yid!
We're so lucky to be Yidden!	Look at that Simcha while <i>Davening, learning, etc.</i> the Yetzer Hara stands no chance against you!

Ideas

- Find opportunities within learning and Mitzvos to do something exciting, to tap into the essential joy!
- Sing!
- Practice feeling another person's Simcha at a birthday party, new birth, etc.
- This is the culmination of the Pessukim. The lessons of the Pessukim make us happy and should be done with happiness!

Connections

Davening and bentching- Chayus doesn't mean screaming, it means doing it with the disciplined happiness of a soldier

Recess- Look out for girls happily including another girl in their game

Class time- Sing instructions; Show how Torah is exciting on a level that the child will feel it!

בס"ד

יִשְׂמַח יִשְׂרָאֵל

צום ניגון פון: יִיְהִי בִישְׁרוֹן מְלֶכֶה
מושקא לישנער - בית חי' מושקא ק.ה.



יִשְׂמַח יִשְׂרָאֵל

אַ איד'ס נְשְׁלִיחוֹת איז גרויס,

צו באַווייזען אַז די וועלט,

איז טאַקע ה'ס הויז.

ה' האָט מיר באַשאַפן,

און גענומען מיר אַרײַן,

אין דער בעסטע אַרמײַ,

אַ סאַלדאַט צו זײַן!

מיט אַ טאַנץ און אַ שמייכל,

מיט לעבעדיקייט,

תּוֹרָה, מְצוּוֹת,

פארשפרייטן אידישקייט!

ה' ווערט צופרידן,

מיט זײַן דִּיָּרָה דאָ,

איך פריי זיך מיט ה',

די פרייד פון גאָולה!