

בס"ד

שָׁמָע יִשְׂרָאֵל הִ אֱלֹקֵינוּ

הִ אֶחָד

Teacher's Guide

פרשת ווֹיָה-וַיָּגֵשׁ



Compiled by Mushka Lishner

# Shema: Ahavas Hashem

Topic to discuss & Question of the week

## WEEK 1: אחד

*What does each letter of Echad represent?*

## WEEK 2: אהבת ה'

*What feeling does Shema lead to?*

[twelvepesukim.org](http://twelvepesukim.org)

This website is being updated constantly, and includes incredible resources and classes/teacher's guides from the Rebbe's Sichos.

There are also links to MyMaor videos that you can show in your class. Let me know if you want additional ideas or resources for your class!

בש"ד

# week 1

## אחד

What does each letter of Echad represent?

*Shema Yisroel- Listen Yidden*

*Hashem Elokeinu- Hashem is OUR Hashem (not just any Hashem,*

*He's Our-MY!- Hashem!)*

*Hashem Echad- Hashem is One!*

Let's look at the word Echad- Gematria:

One Hashem אלוף של עולם -א

In the 7 heavens and 1 earth -נ

In all 4 corners of the world -ת

Everything starts with the Alef- Hashem!

דער אויבערשטער פירט ד' וועלט!

When we say Shema we move our head slightly in each direction, reminding us  
Hashem is everywhere,

When you see the skies and the grass and the trees and the leaves and  
everything around you in the world- know that it is Hashem who is making it  
exist and guiding everything (make it extremely relevant with examples:  
Heavens: Hashem controls whether it rains or snows or is sunny. Earth:  
Hashem controls which plant grows where, which child lives where, which  
mommy is for each family, which food the cook makes for lunch etc etc)  
And this Hashem who controls everything loves you! He is doing everything  
for you (whether we see it right away or not).

## Takeaway:

Hashem is everywhere and in everything;  
He's King of the world and He loves me!

# Week 2

## אהבת ה'

*What feeling does Shema lead to?*

*Last week we learned how Hashem is our Hashem, is in charge of and controls the entire world and Hashem loves us!*

*Think of someone you love. Naturally, you want to show love back to them!*

*How can we show Hashem that we love Him? Ask the students to give ideas.*

*Loving Hashem means I live the way Hashem wants me to, in my thoughts, speech and actions every day! Even when we eat, drink, play and sleep!*

*Every day when we Daven and say Shema, we can have this Kavana.*

*Shema- Hashem is One, Hashem is King, Hashem loves me.*

*Veahavta- I show Hashem I love Him through the Mitzvos I do!*

*The Rebbe teaches us that when we say Shema before going to sleep, it helps us have a better and healthier sleep, so we can wake up the next day more refreshed and have a better day than yesterday!*

## Takeaway:

Hashem loves me, and that causes me to love Hashem! How do I show Hashem that I love Him? By listening to my Yetzer Tov throughout my day!

## Mission:

I expressed my love for Hashem through davening with Kavana!

## Pessukim Lingo

Wow! Your love for Hashem shined as you were learning Chumash today/ said that Bracha with Chayus/ helped your friend/ listened right away

I love Hashem, thank You Hashem for \_\_\_\_\_!

That was Hashgacha Protis!

Hashem loves you!

Hashem is in this room now, and we, His children are giving Him so much nachas by \_\_\_\_\_!

## Story Ideas

Mesiras Nefesh stories. Avraham discovering Hashem. Frierdiker Rebbe not afraid of the gun. Binyomin Kletzker- Ein Od Milvado

## Connections:

Hei Teves Seforim- Writing ליה"ו because the world and all that's in it belongs to Hashem

Chanukah- Mesiras Nefesh- Living for Hashem (because we love Him!) and willing to c"v be killed for Hashem.

Tefillah- Hisbonenus before and Kavana in Shema

Missions- Who had a good night sleep because they said Shema before sleeping?

Parsha- Yosef in Mitzrayim- מאת ה' היה זאת

בס"ד

# שמע ישראל

## זו די ניגון פון: ושמחת



שמע ישראל,  
אידן הער זיר צו,  
ה' איז אונזער פֿה,  
ה' אלְקִינוּ.  
ה' אָחָד,  
אין דער הייל אוון דער ערְד,  
דער קעניג אויף דער גאנצע וועלט.

אידער איר גי שלאָפָן,  
דער אָמָת דער מאָנט קלְאָר  
ה' האט מיר ליב, ה'ס אין יעדער אָרט"

אָהָבָת אַת הֵ, מַיְן לִיב שָׁאָפָט  
זו אִים שִׁינְנַט  
אֵין אַלְזַ וְאָס אִיר טְרָאָכְטַ  
זָאָגַט אוֹן טָוֹט הַיְנְטַ!