



בְּכָל דָּוָר וּדָוָר חִיֵּב אָדָם לְרֹאֹת אֶת עַצְמוֹ
כִּי אֵלֶּוּ הוּא יֵצֵא מִמְּצָרִים

In every generation one must look
upon himself as if he personally
had gone out of Mitzrayim.

(TALMUD, PESACHIM 116B)

The Yidden used to be slaves in Mitzrayim, and suffered terribly.

Then Hashem took them out, and brought them through the *Midbar* to Eretz Yisroel, where they could serve Hashem properly.

We might not have been in Mitzrayim, but Hashem gives us that same *zechus* today, to be free and be able to serve Hashem!

Answer Our Paraoh

The third *posuk* of the Twelve *Pesukim* is *Bechol Dor Vador*.

In this *posuk*, we say that we need to imagine that we came out of Mitzrayim!

But how can we feel that we came out of Mitzrayim, if we are still in *Golus*?

The Rebbe tells us that there IS a Mitzrayim that Hashem frees us from every day! It is the *Ruchnius* Mitzrayim inside of us.

We all have a Paraoh, a *Yetzer Hara*, that tries to tell us what to do. Our *Yetzer Hara* tells us to stop doing *mitzvos*, to do things that aren't good for our *neshama*, or that could hurt another person.

But when we remember the words of *Bechol Dor Vador*, we will know what to answer our Paraoh!

Bechol Dor Vador — In every generation, even today

Chayav Adam Liros Es Atzmo — We need to see ourselves

Ke'ilu Yatza MiMitzrayim — Like a person who already left Mitzrayim!

We need to know that we are not slaves in Mitzrayim! Paraoh is not in charge of us!

When our *Yetzer Hara* tells us what to do, we can answer that we are not his slave! We only need to listen to Hashem.

See Der Rebbe Redt Tzu Kinder vol. 5, p. 271