

# תורה

**תורה צוּה לְנוּ מֹשֶׁה מִזְרֶשֶׁה קָהָלָת יַעֲקֹב.**  
(דברים ל"ג:ד')

The Torah that Moshe commanded us is an inheritance for the congregation of Yaakov.



- Torah is mine - my most special gift.

- I can apply Torah's lessons.

- I cherish it and it guides my life.



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# שמע

שְׁמַע יִשְׂרָאֵל ה' אֱלֹקֵינוּ ה' אֶחָד.  
(דברים ו:ד')

Hear, O Israel:  
Hashem is our Lord, Hashem is One.



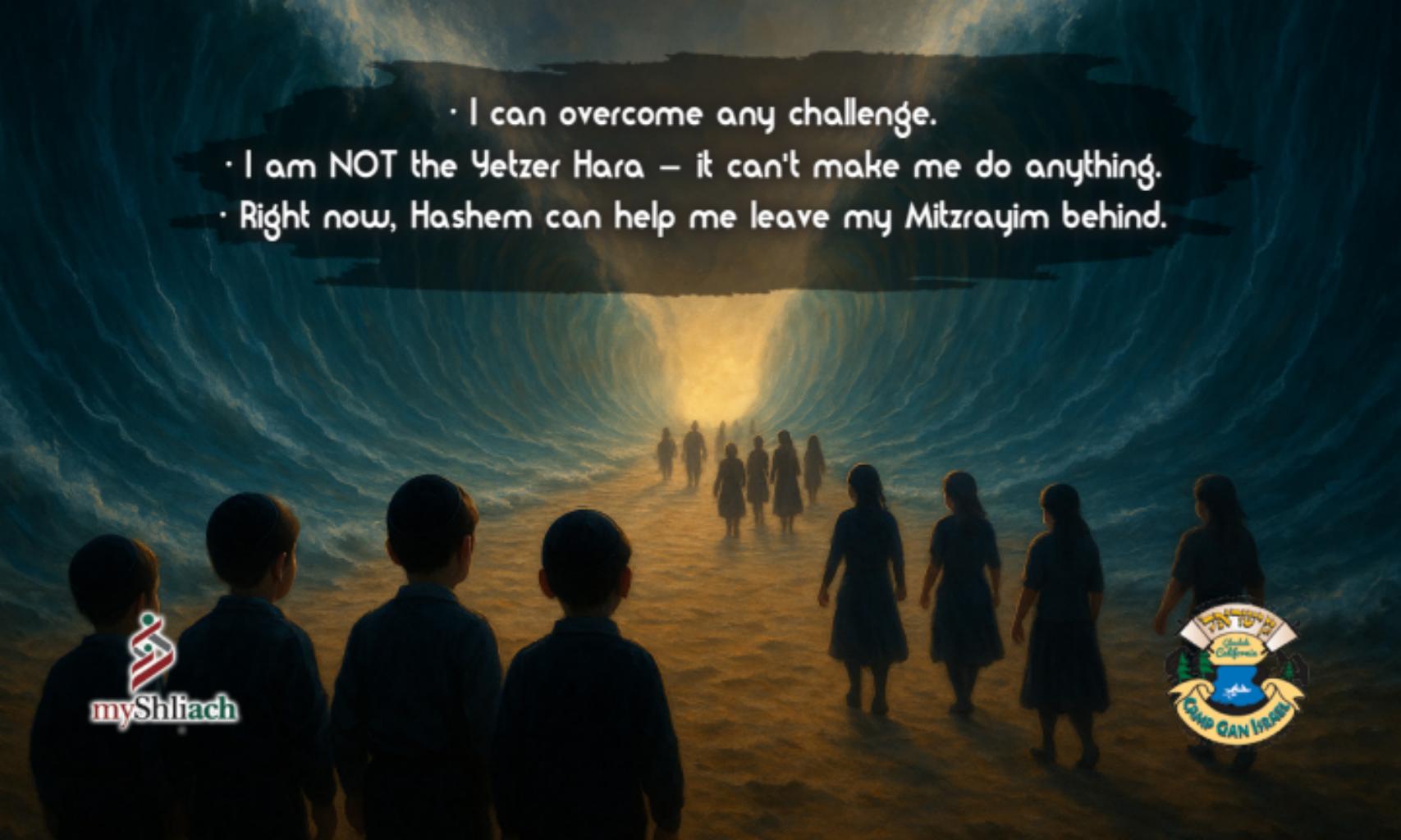
- Hashem is MY Hashem.
- Hashem is the true Boss of the entire world.
- I love having this special connection.



# בכל

**בְּכָל דָּוָר וְדָוָר חִיב אָדָם לְרֹאֹת אֶת עַצְמוֹ  
כִּאֵלָו הָוָא יֵצָא מִמִּצְרָיִם.**  
(פסחים קט"ז:)

In every generation, one must look upon himself as if he personally had gone out of Mitzrayim.

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- I can overcome any challenge.
  - I am NOT the Yetzer Hara – it can't make me do anything.
  - Right now, Hashem can help me leave my Mitzrayim behind.



# כל

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**כָּל יִשְׂרָאֵל יְשַׁלַּח לָהֶם חָלֵק לְעוֹלָם הַבָּא, שְׁנָאָר.**  
**מִרְבָּרְעָמָן כָּלָם צַדִּיקִים, לְעוֹלָם יִרְשׁוּ אָרֶץ,**  
**נִצְרָמָטָעִי מְעַשָּׂה יָדֵי לְהַתְפִּיאָר.**  
(סנהדרין צ' ע"א)

All Israel have a share in the World to Come, as it is stated: "And your people are all tzadikim. They shall inherit the land forever. They are the branch of My planting, the work of My hands, in which I take pride."



myShliach

- Hashem enjoys watching me grow.
- I want to make Hashem proud.
- The good I do now lasts forever.

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# כִּי קָרוֹב

כִּי קָרוֹב אֵלֶיךָ הַדָּבָר מִאֶזֶן  
בְּפִיה וּבְלִבְבָּשׁ לְעֹשָׂתוֹ.  
(דברים ל"ז:י"ד)

It is within your close reach to follow the Torah  
in speech, feeling, and deed.



- It's easy for me to think, speak, and do the Mitzvos.
- It's natural to thank Hashem for the food He gives me.
- Hashem made it so it's not too hard for me.



## זהנה

זהנה ה' נצָב עַלְיוֹ, וְמַלְאָכָל הָאָרֶץ כְּבָדָדוֹ,  
וּמְבִיט עַלְיוֹ, וּבָחוּן כְּלִיוֹת וְלִבָּבָב.  
אם עַזְבָּדוּ כְּרָאוֹי.

(תניא פרק מ"א)

Hashem stands over him; and the whole earth is filled with His glory; and He searches his mind and heart, to see if he is serving Him as is fitting.



- Hashem is right here with me, paying attention, wherever I am.
- Hashem is counting on ME -- I am His soldier.
- Every thought and feeling matters to Hashem.



# בראשית

**בראשית בָּרָא אֱלֹקִים  
את הַשָּׁמַיִם וְאֶת הָאָרֶץ.  
(בראשית א':א')**

In the beginning,  
Hashem created the heavens and the earth.



לְבָבְךָ עַתְּ  
לְרִפְשָׁתְךָ  
תְּבָרְפָּה  
תְּצִוָּה  
מְלָאָה  
תְּבָרְכָה  
לְרִפְשָׁתְךָ  
לְבָבְךָ עַתְּ

The whole world  
belongs to Hashem  
- He created it all.

Hashem creates the  
world for Yidden  
and Torah.

I can transform the  
world into a holy  
world with Torah.

## ושננתם

וְשִׁנָּתֶם לִבְנֵיכֶם, וְדִבְרַת בָּם, בְּשִׁבְתָּה בַּבָּיִתָּה,  
וּבְלֶכֶת בְּדָרָה, וּבְשִׁכְבָּה וּבְקָוָמָה.  
(דברים ו' ז')

You shall teach the Torah to your children, and you should speak about it when you are home and when you travel, before you lie down to sleep and when you wake up.



- I'm a Mechanech who can always teach others.
- I can always learn Torah.
- Torah is helpful everywhere.

# יגעת

יגעת ולא מצאתי – אל תאמינו;  
לא יגעת ומצאתי – אל תאמינו;  
יגעת ומצאתי – תאמינו.  
( מגילה ו' ).

If someone says: "I have worked hard, and I have not been successful," - don't believe him. If someone says, "I have not worked hard and I have been successful," - don't believe him. If someone says, "I have worked hard and I have been successful," - believe him!

# Well Done בָּה

ונמל אונח שעריך גלח  
בָּה גַּבְּגָבָה כְּלָלָם אַכְמָלָה  
תְּחִלָּה רִיכָּה אֶלְכָּה כְּלָלָה  
הַלְּמָדוֹה כְּמָה תְּפִלָּה  
הַלְּמָדוֹה כְּמָה תְּפִלָּה

• If I didn't succeed, it just means

I didn't realize how hard I needed to try.

• Torah promises: when I really try, I WILL be successful.

• My job is to give MY best - not to match anyone else.



## ואהבת

**ואהבת לרעך כמוך.**  
**רבי עקיבא אומר: זה כלל גדול בתורה.**  
(ויקרא י"ט:י"ח; תו"כ עה"פ)

Rabbi Akiva says that "To love your fellow as yourself" is a great basic principle of the Torah.



- We all share the same Neshama.
- I can love every Yid because, in a sense, we are one.
- I love sharing what's precious to me with others.



## וזה

וזה כל האָדָם, ותכלית בָּרִיאָתָו, ובריאת כל  
העוֹלָמָות, עַלְיוֹנִים ותחתונִים – להיות לו  
'תִּבְרֹךְ דִּירָה בְּפַתְחַתּוֹנִים'.  
(תניא פרק ל"ג)

The purpose of the creation of every Jew  
and of all the worlds is to make a dwelling  
place for Hashem in this world.



- I am not too young to fulfill Hashem's purpose for the world.
- I make Hashem feel at home through my choices.
- Even when I play, I can make this world Hashem's home.

# ישמה

**ישמח יישראל בעשׂיו – פִירוש: שָׁפֵל מֵי  
שַׁהוּא מִזְרָע יִשְׂרָאֵל, יְשׁ לֹו לְשָׁמֹוח בְשָׁמַחַת  
ה', אֲשֶׁר שָׁשׁ וְשָׁמַח בְדִירָתו בְתַחְתּוֹנִים.**  
(תניא פרק ל"ג)

The Jews should rejoice in their Maker. Every Jew should share in Hashem's joy, Who rejoices and is happy in His dwelling in this world.

- I'm happy because Hashem chose me.
- I'm happy because I make Hashem happy.
- My simcha shows that I know who I really am.

