

תורה

תּוֹרָה צִוָּה לָנוּ מֹשֶׁה מִזֶּרֶךְ קְהֵלֵת יַעֲקֹב.
(דברים ל"ג:ד')

The Torah that Moshe commanded us is an inheritance for the congregation of Yaakov.

· Torah is mine -
my most special
gift.

· I can apply
Torah's lessons.

· I cherish it and it
guides my life.



שמע

שְׁמַע יִשְׂרָאֵל ה' אֱלֹהֵינוּ ה' אֶחָד.
(דברים ו':ד')

Hear, O Israel:
Hashem is our Lord, Hashem is One.



- Hashem is MY Hashem.
- Hashem is the true Boss of the entire world.
- I love having this special connection.



בְּכָל דּוֹר וָדוֹר חַיֵּב אָדָם לִרְאוֹת אֶת עַצְמוֹ
כְּאִלּוּ הוּא יָצָא מִמִּצְרַיִם.
(פסחים קט"ז:)

In every generation, one must look
upon himself as if he personally had
gone out of Mitzrayim.

- I can overcome any challenge.
- I am NOT the Yetzer Hara – it can't make me do anything.
- Right now, Hashem can help me leave my Mitzrayim behind.



כָּל יִשְׂרָאֵל יֵשׁ לָהֶם חֵלֶק לְעוֹלָם הַבָּא, שְׁנֵאֵל־
 מֶר: וְעַמּוֹ כֻּלָּם צַדִּיקִים, לְעוֹלָם יִירָשׁוּ אֶרֶץ,
 נִצֵּר מִטַּעֲמֵי מַעֲשֵׂה יָדַי לְהִתְפָּאֵר.
 (סנהדרין צ' ע"א)

All Israel have a share in the World to Come, as it is stated: "And your people are all tzadikim. They shall inherit the land forever. They are the branch of My planting, the work of My hands, in which I take pride."

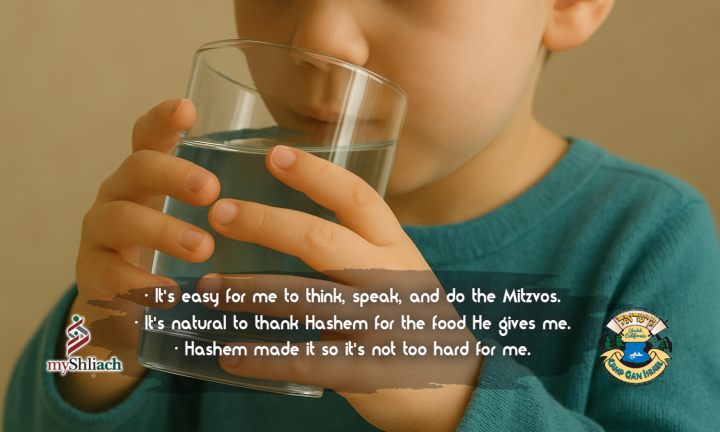


- Hashem enjoys watching me grow.
- I want to make Hashem proud.
- The good I do now lasts forever.

כי קרוב

כִּי קָרוֹב אֵלֶיךָ הַדָּבָר מְאֹד
בְּפִיךָ וּבִלְבָבְךָ לַעֲשׂתוֹ.
(דברים ל"י"ד)

It is within your close reach to follow the Torah
in speech, feeling, and deed.

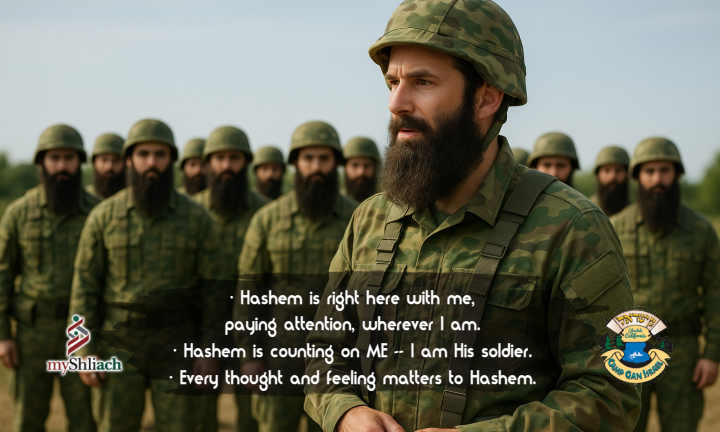
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- A close-up photograph of a young boy with light skin, wearing a teal-colored crewneck sweater. He is holding a clear glass filled with water to his lips with both hands and is in the process of drinking. The background is a plain, light-colored wall.
- It's easy for me to think, speak, and do the Mitzvos.
 - It's natural to thank Hashem for the food He gives me.
 - Hashem made it so it's not too hard for me.



וְהִנֵּה

וְהִנֵּה ה' נֹצֵב עָלָיו, וּמִלֵּא כָּל הָאָרֶץ כְּבוֹדוֹ,
וּמִבֵּית עָלָיו, וּבֹחֵן כְּלִיּוֹת וְלֵב,
אִם עֹבְדוֹ כְּרָאוּי.
(תניא פרק מ"א)

Hashem stands over him; and the whole earth is filled with His glory; and He searches his mind and heart, to see if he is serving Him as is fitting.



- Hashem is right here with me,
paying attention, wherever I am.
- Hashem is counting on ME -- I am His soldier.
- Every thought and feeling matters to Hashem.



בראשית

בְּרֵאשִׁית בָּרָא אֱלֹקִים
אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ.
(בראשית א:א')

In the beginning,
Hashem created the heavens and the earth.



The whole
belongs to
- He created
Hashem created
world for
and
I can translate
world is

The whole world
belongs to Hashem
- He created it all.

Hashem creates the world for Yidden and Torah.

I can transform the world into a holy world with Torah.

ושננתם

וְשִׁנַּנְתֶּם לְבָנֵיכֶּ, וְדַבַּרְתָּ בָם, בְּשִׁבְתְּךָ בְּבֵיתְךָ,
וּבְלַכְתְּךָ בַּדֶּרֶךְ, וּבְשֹׁכְבְּךָ וּבְקוּמְךָ.
(דברים ו'ז')

You shall teach the Torah to your children, and
you should speak about it when you are home
and when you travel, before you lie down to
sleep and when you wake up.



- I'm a Mechanic who can always teach others.
- I can always learn Torah.
- Torah is helpful everywhere.

יגעת

יִגְעֲתִי וְלֹא מָצָאתִי – אֵל תִּאֲמִין;
 לֹא יִגְעֲתִי וּמָצָאתִי – אֵל תִּאֲמִין;
 יִגְעֲתִי וּמָצָאתִי – תִּאֲמִין.
 (מגילה ו.)

If someone says: "I have worked hard, and I have not been successful," – don't believe him. If someone says, "I have not worked hard and I have been successful," – don't believe him. If someone says, "I have worked hard and I have been successful," – believe him!

בה Well Done

ונכחל המנה נחמיה נחם
היה כנכח נחמיה נחמיה
חיוך הוקח נחמיה נחמיה
הל חמור נחמיה נחמיה
נחמיה נחמיה נחמיה

· If I didn't succeed, it just means
I didn't realize how hard I needed to try.

· Torah promises: when I really try, I WILL be successful.

· My job is to give MY best - not to match anyone else.



ואהבת

**וְאַהֲבַת לְרֵעֶךָ כְּמוֹךָ.
רַבִּי עֲקִיבָא אוֹמֵר: זֶה כָּלֵל גָּדוֹל בַּתּוֹרָה.
(ויקרא י"ט:י"ח; תו"כ עה"פ)**

Rabbi Akiva says that "To love your fellow as yourself" is a great basic principle of the Torah.



- We all share the same Neshama.
- I can love every Yid because, in a sense, we are one.
- I love sharing what's precious to me with others.



וזה

**וְזֶה כָּל הָאָדָם, וְתַכְלִית בְּרִיאָתוֹ, וּבְרִיאַת כָּל
הָעוֹלָמוֹת, עֲלִיּוֹנִים וְתַחְתּוֹנִים – לְהִיּוֹת לוֹ
יְתִבְרֹךְ דִּירָה בְּתַחְתּוֹנִים.
(תניא פרק ל"ג)**

The purpose of the creation of every Jew
and of all the worlds is to make a dwelling
place for Hashem in this world.



- I am not too young to fulfill Hashem's purpose for the world.
- I make Hashem feel at home through my choices.
- Even when I play, I can make this world Hashem's home.

ישמח

יְשֻׁמַּח יִשְׂרָאֵל בְּעֲשָׂיו – פִּירוּשׁ: שְׂכַל מִי
 שֶׁהוּא מְזַרֵּעַ יִשְׂרָאֵל, יֵשׁ לוֹ לְשִׂמּוּחַ בְּשִׂמְחַת
 ה', אֲשֶׁר שֵׂשׁ וְשִׂמַּח בְּדִירָתוֹ בַּתְּחִתּוֹנִים.
 (תניא פרק ל"ג)

The Jews should rejoice in their Maker. Every Jew
 should share in Hashem's joy, Who rejoices and is
 happy in His dwelling in this world.

- I'm happy because Hashem chose me.
- I'm happy because I make Hashem happy.
- My simcha shows that I know who I really am.